



Mindfully Healing
Mental Health & Well-Being

<https://mindfullyhealing.com/careers/virtual-dbt-group-facilitator/>

Virtual DBT Group Facilitator (Temporary, with Potential to Extend)

Competitive Pay & Flexibility:

- **\$213 – \$426 per hour** (based on group size: 4–8 clients per session).
- **\$106 per client per session**, with total earnings of **\$425–\$851 per 2-hour group session**.
- **Fully remote**—work from anywhere.
- **1099 contractor** role with flexible scheduling outside of group hours.

About the Role

Are you passionate about **Dialectical Behavior Therapy (DBT)** and looking for a **flexible, fully remote position**? Mindfully Healing is seeking a **Virtual DBT Group Facilitator** to lead **telehealth DBT groups** in a **supportive and well-established private practice**.

This is an opportunity to **make a meaningful impact** while **enjoying flexibility, strong earning potential, and professional collaboration**. The role is initially a **4-month temporary position** with the potential to extend based on need and performance.

What You'll Do

- **Facilitate virtual DBT group therapy sessions on Thursdays, 4pm–6pm**, teaching **emotion regulation, distress tolerance, interpersonal effectiveness, and mindfulness** skills.
- **Provide on-call DBT coaching (rotating schedule)** to reinforce DBT principles between sessions.
- **Collaborate with our team**, attending **weekly virtual case consultation meetings**.
- **Maintain clear and accurate clinical documentation**, including session notes and treatment plans.

You're a Great Fit If You:

- **Start Date:** March 15, 2025 (or sooner).
- Are **fully licensed** (LPCC, LICSW, LMFT) and in good standing.
- Have **DBT training and/or experience** (preferred).
- Thrive in a **virtual setting**, using strong communication and engagement skills to connect with clients.
- Enjoy **flexibility** and can manage your own telehealth schedule.
- Value **collaboration** and being part of a structured **DBT consultation team**.
- Existing individual credentialing in good standing.

Position Details

- **Fully virtual**—no in-person client contact.

Mindfully Healing

“Mindfully Healing embraces a personal growth based model unlike a problem or deficiency based model of traditional mental health...”

Mission: To help individuals and families overcome a variety of life's challenges through connection, education, and effective professional services.

Vision: To provide whole-person health care while enhancing the lives of people within our community.

Job Location

10650 Red Circle Drive, Suite 103,
55343, Minnetonka, MN, US

Pay Per Client Contact Hour

\$ 213 - \$ 426

Benefits

- You focus on Therapy we do the rest!
- Flexible scheduling (choose where & when you work)
- Private Office
- Billing Services
- Marketing
- Consultation Group
- Insurance Credentialing
- EMR Subscription (Simple Practice)
- Collaborative Culture
- Supervision (if needed)
- And More

- **Temporary 4-month position**, with potential to extend.
- **Availability required: Thursdays 4pm–6pm CST** for DBT group facilitation.
- **Flexible scheduling**—set your own hours outside of group sessions.

Why Join Mindfully Healing?

- **Established DBT program** with a **supportive, collaborative team**.
- **Work from anywhere**—no commuting, fully telehealth-based.
- **Competitive pay** with strong earning potential based on group size.
- **Growth potential**—opportunity to extend beyond the initial contract.

Additional Benefits for Clinicians:

- **Focus solely on therapy**—we handle marketing, scheduling, and billing.
- **Flexible scheduling**—choose when and where you work.
- **Access to private office space** (if needed).
- **Comprehensive billing services**—no administrative headaches.
- **Strategic marketing support** to fill groups.
- **Regular DBT consultation groups** for professional development.
- **Insurance credentialing assistance**—we help get you paneled.
- **Subscription to Simple Practice EMR**—streamlined documentation.
- **Supervision for licensure (if needed)**—support for pre-licensed clinicians.

DHS State Certified DBT Program

Mindfully Healing Inc. proudly operates a **DHS State Certified DBT Program**, ensuring our DBT services **meet rigorous quality standards**. This **enhances client care and supports therapists** in providing evidence-based treatment in a structured, ethical, and effective manner.

Application Instructions

If you are **passionate about DBT and meet the qualifications**, we'd love to hear from you! Apply today to **join a supportive, innovative, and growth-oriented team** at Mindfully Healing.

Ready to Apply? Submit your application today—we look forward to learning more about you!

Alternatively, you can Apply by sending your resume and cover letter to contactus@mindfullyhealing.com